

# Opioid Overdose Safety Cards

Print, cut out, fold in half, and stick it in your wallet. Give the rest to friends and family.

### Signs of an opioid overdose

|  |   |   |
|--|---|---|
| <br>Unresponsive or unconscious | <br>Pinpoint pupils                | <br>Snoring, gurgling, or coughing |
| <br>Blue lips or fingertips     | <br>Shallow, slow, or no breathing | <br>Cold or clammy skin            |

Adapted from:  Cleveland Clinic

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### How to use Naloxone to save a life

|  |  |   |
|--|--|---|
| <br>Try to wake them  | <br>Give Naloxone           | <br>Call 911   |
| <br>Help them breathe | <br>Turn them on their side | <br>If they don't wake in 3 min, give a 2 <sup>nd</sup> dose |



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