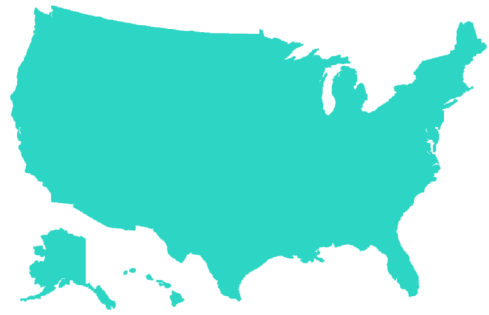# Shatterproof

# Cannabis Use Disorder

Cannabis use disorder (CUD) is the continued use of cannabis despite impairment in psychological, physical, or social functioning.[1]
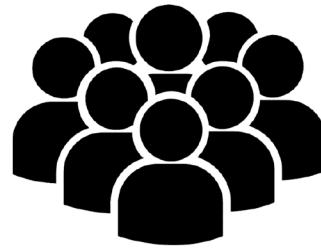
200 million people suffer from CUD worldwide. [2]

14 million people suffer from CUD in the US. [3]

Teens with a CUD have at least a 3-times greater risk of adverse mental health outcomes. [4]

In 2021, 52.5 million Americans used marijuana, making it the most commonly used illicit drug. [5]

Individuals who use manijuana daily are 33% more likely to develop coronary artery disease (CAD). [6]

Teens who use cannabis recreationally have at least a 2-times greater risk of a dverse mental health outcomes. [4]

1  Patel J. Moiwoho R. Cannabis Use Disorder.(2022 Jul 11). In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan

2  Shao, H., Du, H., Gan, Q., Ye, D., Chen, Z., Zhu, Y., Zhu, S., Gu, L., Lu, J., Li, Y., Duan, J., Gu, Y., & Chen, M. (2023). Trends of the Global Burden of Disease Attributable to Cannabis Use Disorder in 204 Countries and Territories, 1990-2019: Results from the Disease Burden Study 2019. International journal of mental health and addiction, 1–23. Advance online publication.

3  Aletraris, L., Graves, B. D., & Ndung'u, J. J. (2023). Assessing the Impact of Recreational Cannabis Legalization on Cannabis Use Disorder and Admissions to Treatment in the United States. Current addiction reports, 10(2), 198–209.

4  Abuse and Mental Health Services Administration. (2021). Key substance use and mental health indicators in the United States: Results from the 2020 national survey on drug use and health.

5  Substance Abuse and Mental Health Services Administration. (2023, January 4). Samhsa announces National Survey on Drug Use and Health (NSDUH) results detailing mental illness and substance use levels in 2021.

6  Substance Abuse and Mental Health Services Administration. (2019). Key substance use and mental health indicators in the United States: Results from the 2019 National Survey on Drug Use and Health (HHS Publication No. PEP20-07-01-001, NSDUH Series H-55). Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration.