

## **Alcohol Use Disorder**

Alcohol use disorder (AUD) is a chronic relapsing brain disease characterized by compulsive use of alcohol and the inability to control intake. 1



AUD is the second most frequent risk factor for suicidal behavior. 4,5



A quarter of all suicides are caused by AUD. 4,5



Excessive alcohol use costs the US economy 249 billion dollars a year.7



AUD, which has been attributed to chronic conditions such as liver diseases, cardiovascular diseases and various types of cancers, is the third leading preventable cause of death in the US. 2,3



In 2021, approximatley 30 million Americans were diagnosed with AUD. 6

<sup>1</sup> National Institute on Drug Abuse (NIDA), (2023, February 19). The Science of Drug Use and Addiction: The Basics. Accessed August 4, 2023. Retrieved from https://archives.nida.nih.gov/publications/media - guide/science-drug-use-addiction-basics

<sup>2</sup> American Public Health Association. (2019, November). Addressing alcohol-related harms: A population level respons Accessed on August 4, 2023. Retrieved from https://www.apha.org/policies-and-advocacy/public-health-policy-statem policy-database/2020/01/14/addressing-alcohol-related-harms-a-population-level-response

<sup>3</sup> Centers for Disease Control and Prevention (CDC), Alcohol Related Disease Impact (ARDI) application, 2022. Accesse August 4, 2023. Retrieved from https://nccd.cdc.gov/DPH\_ARDI/Default/Report.aspx?T=AAM6P=612EF325-9B55-442B-789B06E3A8D59R=C877B524-834A-47D5-964D-158FE519C8946M=D84DAACO-C9B3-4F92-91A5-A5781DA85B686F=

<sup>5</sup> Substance Abuse and Mental Health Services Administration (SAMHSA). (2015). Substance Use and Suicide: A Nexus Requiring a Public Health Approach. Accessed on August 14, 2023. Retrieved from https://store.samhsa.gov/sites/default/files/d7/priv/sma16-4935.pdf

<sup>6</sup> National Institute on Alcohol Abuse and Alcoholism. (2023). Alcohol use disorder (AUD) in the United States: Age groups and demographic characteristics. Accessed on August 8, 2023. Retrieved from https://www.niaaa.nih.gov/alcohols-effects-health/alcohol-topics/alcohol-facts-and-statistics/alcohol-use-disorder-aud-united-states-age-groups-and-demographic-characteristics

<sup>7</sup> Centers for Disease Control and Prevention (CDC). (2019, December 19). The Cost of Excessive Alcohol Use. Accessed on August 4 2023. Retrieved from https://www.cdc.gov/alcohol/onlinemedia/infographics/cost-excessive-alcohol-use html#:~text=\$249%20billion%20loss:,Workplace%20productivity%20-%205179%20billion